

# Contents

## SECTION 1 An Introduction to Critical Care

- 1. Overview ..... 3
- 2. Principles, Philosophy, and Ethics of Critical Care ..... 5
- 3. Critical Care Scoring ..... 10

## SECTION 2 Cardiopulmonary Resuscitation and Cerebral Preservation in Adults

- 4. Cardiopulmonary Resuscitation and Cerebral Preservation in Adults ..... 19

## SECTION 3 Basic Cardiorespiratory Physiology in the ICU

- 5. Basic Cardiorespiratory Physiology in the ICU ..... 31

## SECTION 4 Procedures and Monitoring in the ICU

- 6. Procedures in the ICU ..... 45  
*JD Sunavala*
- 7. Cardiac Monitoring in Adults ..... 58  
*JD Sunavala*
- 8. Respiratory Monitoring in Adults ..... 79

## SECTION 5 Imaging in the Critical Care Unit

- 9. Introduction ..... 89  
*Anirudh Kohli*
- 10. Imaging Techniques in the Chest ..... 90  
*Anirudh Kohli*
- 11. Imaging Techniques in the Abdomen ..... 99  
*Anirudh Kohli*
- 12. Neuroimaging Techniques ..... 110  
*Anirudh Kohli*
- 13. Thoracoabdominal Trauma ..... 144  
*Anirudh Kohli*

## SECTION 6 Clinical Shock Syndromes

- 14. Overview of Shock Syndromes ..... 163
- 15. Hypovolemic and Hemorrhagic Shock ..... 168
- 16. Cardiogenic Shock ..... 178
- 17. Sepsis and Septic Shock ..... 194
- 18. Cardiac Compressive Shock ..... 207
- 19. Anaphylactic Shock ..... 212

**SECTION 7** Cardiovascular Problems Requiring Critical Care

20. Non-ST-elevation Acute Coronary Syndrome .....	217
21. ST-elevated Acute Myocardial Infarction .....	225
22. Acute Heart Failure .....	240
23. Tachyarrhythmias in the ICU.....	249
24. Bradyrhythms and Heart Block in the ICU .....	267
25. Antiarrhythmic Drugs Used in the ICU .....	270
26. Hypertensive Crisis and Aortic Dissection in the ICU .....	279
27. Pulmonary Embolism.....	290

**SECTION 8** Respiratory Problems Requiring Critical Care

28. Acute Respiratory Failure in Adults.....	307
29. Oxygen Therapy .....	322
30. Airway Management.....	332
31. Acute Exacerbation of Chronic Obstructive Pulmonary Disease .....	345
32. Acute Respiratory Distress Syndrome .....	357
<i>Zarir F Udwadia, Farokh Erach Udwadia</i>	
33. Acute Severe Asthma .....	373
<i>Zarir F Udwadia</i>	
34. Community-acquired Pneumonias Including COVID-19 Requiring Critical Care.....	381
<i>Zarir F Udwadia, Farokh Erach Udwadia</i>	
35. Massive Hemoptysis.....	392
36. Diseases of the Pleura in the Critically Ill Patients.....	400
37. Negative Pressure Pulmonary Edema.....	406

**SECTION 9** Mechanical Ventilation in the Critically Ill

38. Mechanical Ventilation in the Critically Ill.....	411
39. Weaning from Ventilator Support .....	434

**SECTION 10** Fluid and Electrolyte Disturbances in the Critically Ill

40. Fluid and Electrolyte Disturbances in the Critically Ill .....	443
--	-----

**SECTION 11** Acid–Base Disturbances in the Critically Ill

41. Acid–Base Disturbances in the Critically Ill.....	461
---	-----

**SECTION 12** Nutritional Support in the Critically Ill Adult

42. Nutritional Support in the Critically Ill Adult.....	477
--	-----

**SECTION 13** Fever and Acute Infections in a Critical Care Setting

43. General Considerations and Noninfective Causes of Fever in the ICU .....	493
44. Healthcare-associated Infections .....	497
45. Community-acquired Fulminant Infections Requiring Critical Care.....	531
46. Antibiotic Therapy in the ICU .....	567
47. Invasive Fungal Infections in the ICU.....	585

**SECTION 14** Surgical Infections in the ICU

48. Postoperative Wound Infections .....	597
49. Necrotizing Soft-tissue Infections .....	600
50. Intra-abdominal Sepsis.....	604
51. Abdominal Compartment Syndrome .....	615

**SECTION 15** Organ System Dysfunction Requiring Critical Care

52. Multiple Organ Dysfunction Syndrome .....	619
53. Acute Kidney Injury .....	629
54. Critical Care in Acute Hepatic Failure and of Acute Complications in Chronic Liver Cell Failure .....	644
55. Acute Pancreatitis .....	663
56. Acute Gastrointestinal Bleeding Requiring Critical Care .....	674
57. Bleeding Disorders in the ICU .....	688
58. Transfusion (Blood Product) Therapy .....	700
59. Endocrine Dysfunction in the Critically Ill.....	709
60. Diabetes Mellitus in Critically Ill Patients.....	720
61. Neurological Problems Requiring Critical Care.....	730
A. Raised Intracranial Pressure.....	730
<i>Jimmy Lalkaka, BS Singhal</i>	
B. Traumatic Brain Injury.....	737
<i>Jimmy Lalkaka, BS Singhal</i>	
C. Stroke .....	744
<i>Jimmy Lalkaka, BS Singhal</i>	
D. Acute Central Nervous System Infections .....	758
<i>Jimmy Lalkaka, BS Singhal</i>	
E. Status Epilepticus.....	770
<i>Jimmy Lalkaka, BS Singhal</i>	
F. Rapidly Progressive Neuromuscular Disorders with Respiratory Failure .....	775
<i>Jimmy Lalkaka, BS Singhal</i>	
G. Perioperative Neurological Care .....	780
<i>(Late) Sohrab K Bhabha</i>	

**SECTION 16** Critical Care after Cardiac Surgery

62. Critical Care after Cardiac Surgery ..... 787

**SECTION 17** The Immunocompromised Patient

63. The Immunocompromised Patient ..... 801

**SECTION 18** Physical Injuries Requiring Critical Care

64. Intensive Care Management of Polytrauma ..... 819  
*NS Laud, Farokh Erach Udwadia*
65. Management of Critically Ill Burns Patients..... 829  
*Sunil M Keswani, Siddharth Keswani, Farokh Erach Udwadia*
66. Critical Care in Poisonings..... 841
67. Envenomation ..... 859
68. Drowning..... 868
69. Heat Stroke ..... 872
70. Hypothermia..... 875

**SECTION 19** Critical Care of the Cancer Patient

71. Critical Care of the Cancer Patient..... 879

**SECTION 20** Control of Pain and Anxiety and the Use of Muscle Relaxants in the Critically Ill

72. Control of Pain and Anxiety and the Use of Muscle Relaxants in the Critically Ill ..... 889

**SECTION 21** Critical Care of the Transplant Patient

73. Critical Care of the Transplant Patient ..... 903  
*Mullasari Ajit Sankardas, Farokh Erach Udwadia*

**SECTION 22** Critical Care in Pregnancy

74. Introduction..... 923
75. Critical Illness Not Specific to Pregnancy ..... 925
76. Critical Illness Specific to Pregnancy and Postpartum Period ..... 928

**SECTION 23** Disaster Management

77. Disaster Management: Coronavirus Disease 2019—Learning from the Past and Preparing for the Future ..... 939  
*Khusrav Beji Bajan*

**SECTION 24** End-of-Life Care in the ICU

78. End-of-Life Care in the ICU ..... 949

- Index* ..... 953